Dear After School Regional Lead,

The CA AfterSchool Network’s (CAN) Nutrition and Physical Activity Committee is asking for your continued support in getting ASES and 21st CCLC grantees to implement the Child and Adult Care Food Program’s (CACFP) Meal (or Supper) option. The meal gives low-income students the opportunity to access healthy foods, including fruits and vegetables, every day through this federally funded program!

Please forward the newsletter below to your grantees to help encourage them to implement the Meal option in their programs.

In May 2013, California afterschool programs served over 3 million meals, but we still have a long way to go to meet the nutritional needs of afterschool kids!

CDE (Nutrition Services Division) will be sending out a Management Bulletin this month to snack and meal sponsors explaining the AB 626 changes that eliminate the requirement for CACFP meals to meet state snack nutritional requirements (see newsletter below), and the After School Division will also be sending out notification of the change.

If you have any questions, please don’t hesitate to contact me (kathyblewis@ccscenter.org) or Bruno Marchesi at the Network (bimarchesi@ucdavis.edu). We would be happy to help you! The CAN Meal Page also has links to CDE staff who can answer grantee questions and help with applications to serve meals.

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CACFP After School Meal Program Resources

This page provides resources related to the meal option under the Child and Adult Care Food Program (CACFP). Afterschool programs are eligible to either add a meal to their afterschool program (in addition to a snack) or replace their snack with a meal.

Resources on this page will help you better understand the program and its requirements, discuss this option with your food services director, and get more assistance from the CA Department of Education.

It is now easier than ever to serve the CACFP Meal! Under AB 626 (Skinner), which goes into effect January 1, 2014, CACFP meals served by ASES and/or 21st CCLC programs do not have to meet separate Education Code Section 49430 snack nutritional requirements. (Of course, snacks still have to meet those requirements.)

VIDEO

How to Apply to Serve Meals
After School Meal Program Nuts and Bolts

This 10-minute video is the first of a series of future videos on the nuts and bolts of the Child and Adult Care Food Program, After School Meal or Supper program.

The video is hosted by Kathy B. Lewis, Co-chair of the Nutrition and Physical Activity committee of the California After School Network, and Laurie Pennings, Manager of the CACFP Unit at the Nutrition Services Division of the California Department of Education.

The video presentation focuses on how to apply for the CACFP After Meal Program and the different application options and resources available.

For more information on the After School Meal program and additional resources, please go to www.afterschoolnetwork.org/after-school-meal-program

Watch the video now!

After School Meal Program

Best Practices from the Field

Read best practices from programs that are serving meals in their after school programs around the state including Oakland Unified School District, South Bay Union School District, and the YMCA of Silicon Valley.

After School Meal Best Practices (8.5X11 pdf) After School Meal Best Practices (11x17 booklet)

CACFP After School Meal Sites and Sponsors

The database was last updated on October 22, 2013 and will be updated quarterly

Access our searchable database that contains all publicly funded after school programs in California and their sponsors that are currently serving CACFP after school meals.
The database is searchable by Site Name, City, County, Zip Code, School District, and Sponsor Name.

Access our database now!