

CalSAC **FREE** Training Topics and Modules

Most modules are 2 hours unless denoted otherwise.
 Trainings can be requested at www.calsac.org using our online training request system.

Audience Level

B=Beginner
 I=Intermediate
 A=Advanced

Working with Children and Youth		
1.1.1	Developmental Trends 101	B
1.1.2	Building Relationships With Children & Youth	B
1.1.3	Effective Communication with Children & Youth	B
1.1.4	Building Self-Esteem in Children and Youth	B
1.1.5	Fostering Social Skills in Children and Youth	B
1.1.6	Professionalism	I
1.1.7	How and What to Observe in Children and Youth	I
1.1.8	Meeting the Needs of Children and Youth	I
1.1.9	Developmental Trends 201	I
Creating Program Environments		
1.2.1	The Elements of the Environment	B
1.2.2	Shared Space 101	B
1.2.3	Messages from the Environment	B
Behavior Guidance		
1.3.1	Understanding the Behavior of Children & Youth	B
1.3.2	Developing Problem Solving Skills	B
1.3.3	The Role of the Staff in Behavior Guidance	B
1.3.4	Effective Supervision of Children and Youth	B
1.3.5	Including Children and Youth with Disruptive Behaviors	I
1.3.6	9 Temperament Traits	I
Delivering Quality Programs		
1.4.1	Using Theme Webs for Curriculum Planning	B
1.4.2	Presentation Methods and Debriefing Activities	B
1.4.3	Daily Schedules	B
1.4.5	Introduction to Evaluation	I
1.4.6	Evaluation: A Self-Study	A
Academic and Enrichment Programming		
1.5.0	Exploring Curriculum Activities	B
1.5.1	Integrating Academics and Enrichment	B
1.5.2	Homework Assistance	B
Job Readiness		
1.6.1	New Youth Worker Competencies	B
1.6.3	Beyond Behavior Guidance	B
Supervising and Supporting Staff		
2.2.0	The Role of the Site Leader	I
2.2.1	Incentives and Motivation	I
Serving Older Youth		
2.3.1	Incorporating Older Youth Voices in Program Activities	I
2.3.2	Service Learning	I
Including Children with Special Needs		
3.1.1	Creating an Inclusive Program	I
Establishing Partnerships with Families, Schools and Communities		
3.2.1	Communicating with Families	B



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Leading Afterschool Programs		
3.3.1	Knowing Yourself as a Leader	B
Equity, Diversity, Inclusion and Anti-Oppression		
3.5.1	Creating Respect and Safety	I
3.5.2	Going Deeper: Exploring Diversity	I
3.5.3	Exploring Privilege	A
3.5.4	Privilege, Power and the Ladder of Oppression	A
3.5.5	Exploring Cliques in Your Program	I
3.5.6	Becoming Allies with Children, Youth and Families	I
Creating Culturally Sensitive and Equitable Programs		
3.6.1	Cultural Competence: Identity, Diversity and Engagement	A
3.6.2	Cultural Conflicts and Strategies	A
3.6.3	Promoting and Understanding of Cultural Sensitivity	A
Energenius® OST Series ¹		
4.3.1	Energy and You	B
4.3.2	Energy and the Environment	B
4.3.3	Water and Energy	B
4.3.4	Becoming an Energenius	B
Quality Summer Programming ²		
4.4.1	Creating a Quality Summer Program	I
4.4.2	Utilizing the Quick CASP Assessment Tool	I
4.4.3	Engaging the Community in Quality Summer Programs	I
Expanded Learning 360°/365 Training and Professional Development ³		
4.6.1	Social Emotional Learning, Character Building & Enhancing Quality	B
4.6.2	Going Deeper: Supporting Social-Emotional Learning and Character Development	B
4.6.3	I Am 100: Supporting Self-Awareness and Self-Management	B
4.6.4	I Belong 100: Supporting Social Awareness and Interpersonal Skills	B
4.6.5	I Can 100: Supporting Growth Mindset and Self-Efficacy	B
4.7.1	Leading with Head and Heart	I, A
4.7.2	Supervising with Head and Heart	I, A
4.7.3	Coaching with Head and Heart	I, A
4.7.4	Leading Teams/Orgs with Head and Heart	I, A

¹ The Energenius® OST Series is provided in partnership with the Pacific Gas and Electric Company. These trainings are available for free in Pacific Gas and Electric Company service areas through generous funding from the Pacific Gas and Electric Company.

² The Quality Summer Programming Series is provided in partnership with the David and Lucile Packard Foundation. These trainings were developed in partnership with the Summer Matters campaign.

³ The Expanded Learning 360°/365 Training and Professional Development training series is provided in partnership with the Expanded Learning 360°/365 Collaborative.

