



## Foundation for Success

Before grit, 21st century skills, or character skills there was WINGS for Kids – defining, practicing, and teaching social-emotional learning (SEL).

### Social Emotional Learning Rooted in Core Competencies of Emotional Intelligence

- Self-Awareness
- Self-Management
- Social Awareness
- Responsible Decision Making
- Relationship Skills

### We Start with Adult Skills and Practices:

Adults must first comprehend and internalize emotional intelligence competencies before they can transfer these skills in their role as educator, mentor, and role model.

We then focus on developing the intentional adult practices staff use to foster a supportive and engaging learning environment.

And lastly, staff develop the skills to identify and capitalize on everyday teachable moments in order to infuse implicit SEL lessons into all aspects of program time.

### We Step into Kids' Shoes:

We've made the core competencies of emotional intelligence easy to understand and fun to learn by using a common language that is memorable and transferable to any situation or environment.

## Pomona Unified School District

The Learning Center (TLC), the extended learning program of Pomona Unified School District, knew that integrating SEL into the program time would be beneficial to students.

TLC and WINGS launched a pilot project at four PUSD elementary schools in fall 2016, focusing on site director skill development, improving culture and climate, and weaving in curriculum. WINGS provided in-person training, webinars, site visits, and participate in TLC's professional development days.

Site directors report that students are showing improvements in expressing their emotions and self-management.

**"Staff are strengthening their social-emotional skills too."**

– Darlene Mosher, TLC

The early buy in from principals and teachers set this project up for success and in 2017-2018 the project will expand to include all elementary schools in the district.

# Professional Development Training and Workshops

## Becoming Socially and Emotionally Aware

This 3-hour session provides an introduction to SEL teaching practices, skills, and building a foundation of a SE culture and climate.

## Developing a Socially and Emotionally Positive Learning Environment

A full-day workshop guides participants through the S-E-T Framework: Support, Engage, and Teach, including ways to Identify and leverage “teachable moments” to reinforce SE skills with quality and consistency.

## Behavior Management through a Social and Emotional Learning Lens

A 3-hour session to introduce proactive and reactive techniques for managing behavior and reducing staff stress.

## Building a Positive Behavior Management Culture

This full-day workshop will increase participant’s ability to implement specific behavior management strategies that support a culture of social-emotional learning. Strategies align with and deepen efforts such as school-day PBIS.

Our 21 years of experience has taught us that SEL starts with the adult skills and building a positive learning environment.

To empower youth workers and organizations with the knowledge and skills to strengthen their own programming with SEL integration, WINGS has designed interactive and engaging half-day and full-day professional development trainings on our effective approach to SEL and behavior management.

Our training sessions and full-day workshops are beneficial for full- and part-time staff who work with youth of all ages.

We provide theory, but more importantly, implementation strategies that are concrete, actionable, and relatable to youth.

### For More Information Contact:

**Julia Rugg**  
[julia@wingsforkids.org](mailto:julia@wingsforkids.org)  
**(843) 410-8009**

---

At WINGS, we envision a world where there is equity in academic, opportunity, and emotional well-being for all children regardless of socioeconomic status. Our mission is to help as many low-income kids as possible experience high-quality and effective social and emotional learning. We work towards this aim because research shows that strong social and emotional skills are key to helping kids succeed in school, be prepared for the workforce, and become positive and healthy contributors to society.