



## Restorative Practices Training Series

The Restorative Practices training series offers Expanded Learning professionals the knowledge, skills, and strategies to create program environments where children and youth create a community of respect and caring, and are able to effectively work through conflict together. This training series will cover foundational research and ethos, proactive strategies, intervention techniques and guidance for how to cultivate a restorative culture of healing.

Contact Zak Parpia at [zparpia@calsac.org](mailto:zparpia@calsac.org) for more information on scheduling.

*This training series was developed in partnership with Be the Change Consulting with generous funding from The California Endowment, and draws upon research and best practices of restorative justice and positive youth development.*

### Module 1

#### FOUNDATIONAL PRINCIPLES TO ESTABLISH AN ETHOS OF PEACE AND JUSTICE

During this module, participants are exposed to the paradigm shift from punitive to restorative practices in out-of-school time discipline matters, learn about the theme of restorative climate, analyze current practices and gain an understanding of the need for restorative approaches to behavior.

#### STRATEGIES FOR CONFLICT PREVENTION

This module is focused on transforming conflict in out-of-school time programs by exploring tools that create an inclusive learning community to establish community norms, teach youth how to identify and express emotions and prevent conflict from escalating.

### Module 2

#### STRATEGIES FOR CONFLICT INTERVENTION AND DE-ESCALATION

This module focuses on intervention strategies to be used once a conflict arises or choices are made that conflict with the established community values. These strategies develop skills in conflict intervention that shift thinking from assessing who broke a rule and the appropriate punishment, towards collaborative problem-solving processes.

### Module 3

#### STRATEGIES TO RESTORE RELATIONSHIPS AND COMMUNITY AFTER CONFLICT

This module is focuses on teaching participants how to facilitate a restorative circle as a ritual reconnection process after a conflict has occurred.

### Module 4