



CaISAC Training Topics and Modules

Modules are 2 hours long unless denoted otherwise.
 Trainings can be requested at www.calsac.org

Audience Level

B=Beginner
 I=Intermediate
 A=Advanced

eLearning Modules¹

(Free Online Modules)

Youth Development			
Working with Children and Youth*			
1.1.1	Developmental Trends 101	B	X
1.1.2	Building Relationships with Children & Youth	B	X
1.1.3	Effective Communication with Children & Youth	B	X
1.1.4	Building Self-Esteem	B	
1.1.5	Fostering Social Skills in Children & Youth	B	
1.1.6	Professionalism	I	
1.1.7	How and What to Observe in Children and Youth	I	
1.1.8	Meeting the Needs of Children and Youth	I	
1.1.9	Developmental Trends 201	I	
Behavior Guidance*			
1.3.1	Understanding the Behavior of Children & Youth	B	X
1.3.2	Developing Problem Solving Skills	B	
1.3.3	The Role of the Staff in Behavior Guidance	B	X
1.3.4	Effective Supervision of Children and Youth	B	
1.3.5	Including Children and Youth with Disruptive Behaviors	I	X
1.3.6	9 Temperament Traits	I	
Job Readiness			
1.6.1	New Youth Worker Competencies	B	
1.6.2	Building a Classroom Community	B	
1.6.3	Beyond Behavior Guidance	B	
1.6.4	Classroom Management 101	B	
Serving Older Youth			
2.3.1	Incorporating Older Youth Voices in Program Activities	I	
Social-Emotional Learning and Character Development²			
4.6.2	Going Deeper: Supporting Social-Emotional Learning and Character Development	B	X
4.6.3	We Are 100: Supporting Self-Awareness and Self-Management	B	X
4.6.4	We Belong 100: Supporting Social Awareness and Interpersonal Skills	B	X
4.6.5	We Can 100: Supporting Growth Mindset and Self-Efficacy	B	X
Academics and Enrichment			
Delivering Quality Programs*			
1.4.1	Using Theme Webs for Curriculum Planning	B	
1.4.2	Presentation Methods and Debriefing Activities	B	X
Supporting Academic Programming			
1.5.0	Exploring Curriculum Activities	B	X
1.5.1	Integrating Academics and Enrichment	B	X
1.5.2	Homework Assistance*	B	X
1.5.3	Focus on Language Arts	I	
1.5.4	Focus on Math	I	
1.5.5	Focus on Science	I	
1.5.6	Focus on Social Studies/History	I	
1.5.7	Focus on Healthy Living	I	
1.5.8	Focus on Visual/Performing Arts	I	
Serving Older Youth			
2.3.2	Service Learning	I	



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English Learner Training ³			
4.2.2	English Language Development, Academic Support & Linkage to the School Day (4 hours)	I	X
Energenius ⁴ OST Series			
4.3.1	Energy and You	B	X
4.3.2	Energy and the Environment	B	X
4.3.3	Water and Energy	B	X
4.3.4	Become an Energenius	B	X
Hands-On STEM Training			
NPASS Training Project (4 hours each) ⁵		B, I	
Equity and Inclusion			
Including Children with Special Needs			
3.1.1	Creating an Inclusive Program	I	X
Equity, Diversity, Inclusion and Anti-Oppression*			
3.5.1	Creating Respect and Safety	I	X
3.5.2	Going Deeper: Exploring Diversity	I	
3.5.3	Exploring Privilege	A	
3.5.4	Privilege, Power and the Ladder of Oppression	A	
3.5.5	Exploring Cliques in Your Program	I	
3.5.6	Becoming Allies with Children Youth and Families	I	
Creating Culturally Sensitive and Equitable Programs*			
3.6.1	Cultural Competence: Identity, Diversity and Engagement	A	X
3.6.2	Cultural Conflicts and Strategies	A	
3.6.3	Promoting an Understanding of Cultural Sensitivity	A	
Bullying Prevention			
4.1.1	Understanding the Problem of Bullying	B	
4.1.2	Understanding the Costs and Roles of Bullying	B	
4.1.3	Bullying Prevention and Intervention Strategies for Adults	I	
4.1.4	Bullying Prevention and Intervention Strategies for Children and Youth	I	
English Learner Training ³			
4.2.1	Knowing English Learners (4 hours)	B	X
4.2.3	Healthy Cultural Identities and Engaging Families and Communities (4 hours)	A	X
Restorative Practices			
Restorative Practices Series (4-module series, 3 hours per module)		I	
Leadership and Management			
Supervising and Supporting Staff			
2.2.0	The Role of the Site Leader	I	X
2.2.1	Incentives and Motivation	I	X
2.2.2	Coaching Staff to Success	I	
2.2.3	Making Meetings Work	I	
2.2.4	Delegations Skills	I	
Leading Afterschool Programs			
3.3.1	Knowing Yourself as a Leader	B	X
3.3.2	Your Leadership Style	B	
3.3.3	Building Leaders	I	
Leading with Social-Emotional Learning and Character ²			
4.7.1	Leading with Head and Heart	I, A	X
4.7.2	Supervising with Head and Heart	I, A	X
4.7.3	Coaching with Head and Heart (3 hours)	I, A	X
4.7.4	Leading Teams/Orgs with Head and Heart	I, A	X



CaSAC Training Topics and Modules

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Quality Programming			
Creating Program Environments			
1.2.1	The Elements of the Environment	B	X
1.2.2	Shared Space 101	B	X
1.2.3	Messages from the Environment	B	
1.2.4	Shared Space 201	I	
Delivering Quality Programs*			
1.4.3	Daily Schedules	B	
1.4.5	Introduction to Evaluation	I	X
1.4.6	Evaluation: A Self-Study	A	
Establishing Partnerships with Families, Schools and Communities			
3.2.1	Communicating with Families	B	X
3.2.2	Understanding a Vision for Family Involvement	I	
3.2.3	Listening and Responding to Families' Needs	I	
3.2.4	Partnering with Schools	I	
3.2.5	Partnering with Communities	I	
Social-Emotional Learning and Character Development²			
4.6.1	Social Emotional Learning, Character Building & Enhancing Quality	B	X
Quality Summer Programming⁶			
4.4.1	Creating a Quality Summer Program	I	X
4.4.2	Utilizing the Quick CASP Assessment Tool	I	X
4.4.3	Engaging the Community in Quality Summer Programs	I	X

* These modules were revised in 2016 to incorporate social-emotional learning, character building and Quality Standards for Expanded Learning in California.
 1 eLearning Modules are available through the CaSAC Collaboration eLearning Environment and have been made possible through generous funding from the California Department of Education School-Age Training Project. Visit www.collaboration.net/login to access these modules.

2 The Expanded Learning 360°/365 Training and Professional Development training series is provided in partnership with the Expanded Learning 360°/365 Collaborative.

3 The English Learner trainings are modules are in partnership with Development Without Limits West. Each module is 3 hours in length. Also available in a one-year package that includes all materials, coaching and technical assistance. Call to schedule.

4 The Energenius® OST Series is provided in partnership with and through generous funding from the Pacific Gas and Electric Company.

5 NPASS is provided in partnership with Education Development Center. Each module is 4 hours and the project design includes training, coaching, and material kits for a 5-month program cycle. Call to schedule.

6 The Quality Summer Programming Series is provided in partnership with the David and Lucile Packard Foundation. These trainings were developed in partnership with the Summer Matters campaign.