



# CaLSAC Training Topics and Modules

Modules are 2 hours long unless denoted otherwise.  
 Trainings can be requested at [www.calsac.org](http://www.calsac.org)

**Audience Level**  
 B=Beginner  
 I=Intermediate  
 A=Advanced

**eLearning Modules**  
 (Free Online Modules)

<b>Youth Development</b>			
<b>Working with Children and Youth</b>			
1.1.1	Developmental Trends 101	B	X
1.1.2	Building Relationships with Children & Youth	B	X
1.1.3	Effective Communication with Children & Youth	B	X
1.1.4	Building Self-Esteem	B	
1.1.5	Fostering Social Skills in Children & Youth	B	
1.1.6	Professionalism	I	
1.1.7	How and What to Observe in Children and Youth	I	
1.1.8	Meeting the Needs of Children and Youth	I	
1.1.9	Developmental Trends 201	I	
<b>Behavior Guidance</b>			
1.3.1	Understanding the Behavior of Children & Youth	B	X
1.3.2	Developing Problem Solving Skills	B	
1.3.3	The Role of the Staff in Behavior Guidance	B	X
1.3.4	Effective Supervision of Children and Youth	B	
1.3.5	Including Children and Youth with Disruptive Behaviors	I	X
1.3.6	9 Temperament Traits	I	
<b>Social-Emotional Learning and Character Development</b>			
4.6.2	Going Deeper: Supporting Social-Emotional Learning and Character Development	B	X
4.6.3	We Are 100: Supporting Self-Awareness and Self-Management	B	X
4.6.4	We Belong 100: Supporting Social Awareness and Interpersonal Skills	B	X
4.6.5	We Can 100: Supporting Growth Mindset and Self-Efficacy	B	X
<b>Academics and Enrichment</b>			
<b>Delivering Quality Programs</b>			
1.4.1	Using Theme Webs for Curriculum Planning	B	
1.4.2	Presentation Methods and Debriefing Activities	B	X
<b>Supporting Academic Programming</b>			
1.5.2	Homework Assistance	B	X
<b>Equity and Inclusion</b>			
<b>Equity, Diversity, Inclusion and Anti-Oppression</b>			
3.5.1	Creating Respect and Safety	I	X
3.5.2	Going Deeper: Exploring Diversity	I	
3.5.3	Exploring Privilege	A	
3.5.4	Privilege, Power and the Ladder of Oppression	A	
3.5.5	Exploring Cliques in Your Program	I	
3.5.6	Becoming Allies with Children Youth and Families	I	
<b>Creating Culturally Sensitive and Equitable Programs</b>			
3.6.1	Cultural Competence: Identity, Diversity and Engagement	A	X
3.6.2	Cultural Conflicts and Strategies	A	
3.6.3	Promoting an Understanding of Cultural Sensitivity	A	
<b>Leadership and Management</b>			
<b>Leading with Social-Emotional Learning and Character</b>			
4.7.1	Leading with Head and Heart	I, A	X
4.7.2	Supervising with Head and Heart	I, A	X
4.7.3	Coaching with Head and Heart (3 hours)	I, A	X
4.7.4	Leading Teams/Orgs with Head and Heart	I, A	X



# CaSAC Training Topics and Modules

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## Quality Programming

### Delivering Quality Programs

1.4.3	Daily Schedules	B	
1.4.5	Introduction to Evaluation	I	X
1.4.6	Evaluation: A Self-Study	A	

### Social-Emotional Learning and Character Development

4.6.1	Social Emotional Learning, Character Building & Enhancing Quality	B	X
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