

LACOE: EXPANDED LEARNING

GROWTH HEARTSET

ESTABLISHING A CULTURE OF CARING

June 18 & 19 8:30-4:30

★ **FOR APPLICATION contact:**
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- ✓ Site Coordinators and Above ONLY
- ✓ Supervisor Approval REQUIRED
- ✓ Must Attend 100% - NO EXCEPTIONS

Participants will gain tools for:

- Building “safe” and caring learning environments honoring each student’s uniqueness and foster creativity, cooperation, and success skills.
- Improving skills in empowering students to connect to their own — and others’ — intuitive wisdom, goodness, and compassion.
- Using SEL principles to facilitate meaningful experiences, clubs, and activities.
- Cultivating a renewed and deeper sense of purpose and direction as an educator.
- Positively influence your school, program, and students.

★ The Institute will also serve as the start of a Year-Long Community of Practice and Certification Process for participants. [Additional participation in half-day mornings throughout the year: 9/19, 11/14, 2/20, 4/10.](#)

Each participant receives a copy of [Making the Best of Me: A Handbook for Student Excellence and Self-Esteem.](#)

EDUCARE'S EDUCATOR INSTITUTE

How do we wake up our young people to who they are and what their lives can become? What if we need to develop a new “Growth Heartset®” to complement and enhance a positive “growth mindset?” We may think that their minds are ready to learn, but what may not be ready are our students’ “hearts.”

In order to experience the benefits of **Social Emotional Learning (SEL)**, we need to move beyond principles and curricula. How do we instill SEL in both ourselves as practitioners and in our programs’ culture so that we teach and lead by authentic example?

Come and learn skills for developing a new “Growth Heartset” in our teaching and learning.

This interactive **two-day Educator Institute** focuses on shaping successful learning environments that thrive upon a foundation infused with caring, connectivity, and proven SEL practices- self-awareness, self-management, social awareness, relationship skills and responsible decision-making.

Based on **EduCare’s field-tested ACE Program** that has reached nearly 50,000 students in the U.S. and internationally, participants learn and **practice heart-centered strategies** for teaching students’ self-awareness (mindfulness), emotional self-management, relationship-building, and wise decision-making skills.

Included is an introduction to **EduCare’s “8 Heart-Centered Teaching & Learning Skills”**.